



Color Key:

Micro (ages 2.75-6)
Mini (ages 6-9)
Jr (ages 9-12)
Teen/Senior (ages 13 +)
Mixed Age (Mini/Jr)
Mixed Age (Jr/Sr)
Team Rehearsals/Closed

SAMMAMISH- 2025/2026 Weekly Class Schedule (on going)

All classes run year round with enrollment accepted at anytime. Class denoted level 2-5 are by instructor approval only
All classes run 55 minutes unless otherwise denoted. Micro Classes: ages 3-4 yrs, run 45 minutes & Micro classes: ages 5-6 yrs, run 50 min.
Select ballet classes denoted ^ are with live musical accompaniment, additional fees apply.

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Call or Text: 425-399-2353

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6 "Stage"
MONDAY						
4:30-5:25 pm	Mini Hip Hop 1	Introductory Ballet 5-6yrs	^Mini Ballet 3	Ballet/Lyrical/Creative 3-4yrs	Mini Jazz Technique 2	Jr Jazz Technique 3
5:30-6:25 pm	Introductory Hip Hop 5-6yrs	Mini Contemporary 2	^Jr Ballet 3		Mini/Jr Acro 2/3	Jr Contemporary 2
6:30-7:25 pm	Jr Hip Hop 1	Mini/Jr Acro 1	^Teen/Sr Ballet 3 (6:30-8:00pm)		Mini Jazz Technique 3	Teen/Sr Hip Hop 3
7:30-8:25 pm	Jr Hip Hop 2	Teen/Sr Contemporary 2	Pre/Beg Pointe (8:00-8:30pm)		Jr Jazz Technique 1	Teen/Sr Hip hop 4
8:30-9:25 pm	Teen/Sr Hip Hop 2	Jr/Sr Acro 1/2	Teen/Sr Ballet 1		Anthracite Rehearsal	Teen/Sr Jazz Technique 3
TUESDAY						
4:30-5:25 pm	Mini Jazz Technique 1	Mini/Jr Acro II	^Jr Ballet 1		Bolt Rehearsal	Jr/Teen/Sr Strength & Stretch (PBT) 3/4
5:30-6:25 pm	Ballet/Jazz/Acro 3-4yrs	Jr Hip Hop 2	^Mini Ballet 1	Intro Jazz Tech/Acro 5-6yrs	Jr Contemporary 2	Jr/Teen/Sr Int/Adv Ballroom NEW (8/1 start)
6:30-7:25 pm	Mini Hip Hop 1	Mini Contemporary 1	Jr Ballet 4 (A) - 6:45-8:15pm		Mini/Jr Beg/Int Ballroom NEW (8/1 start)	Teen/Sr Contemporary 4/5 (B) 6:45-8:15pm
7:30-8:25 pm	Jr Hip Hop I/II NEW (8/1 start)	Teen/Sr Hip Hop 1	Teen/Sr Ballet 4 (B) 6:45-8:15pm		Teen/Sr Contemporary 3	Jr Contemporary 4 (A) 6:45-8:15pm
8:30-9:25 pm		Teen/Sr Hip Hop 2/3	(Pointe 8:15-8:45) A/B		Jr/Sr Acro 2/3	
WEDNESDAY						
2:30-3:25pm					Empower Dance	
3:30-4:25 pm		Mini/Jr Acro 1				
4:30-5:25 pm		Intro Jazz Technique/Acro 5-6yrs	Introductory Ballet 5-6yrs		Onyx/Noir Rehearsal 4:30-6:30pm	Vanta Rehearsal 4:30-6:00pm
5:30-6:25 pm	Mini Hip Hop 1	Jr Hip Hop 3	^Mini Ballet 2	Introductory Hip Hop 5-6yrs		
6:30-7:25 pm	Mini Hip Hop 2	Jr Contemporary 1	^Jr Ballet 2		Mini Contemporary 3	Jr Jazz Technique 4 6:00-7:15pm NEW (8/1 start)
7:30-8:25 pm	Jr Hip Hop 1	Jr Jazz Technique 2	^Teen/Sr Ballet 3 (7:30-8:45pm)		Jr/Teen Contemporary 3/4 BM	Teen/Sr Jazz Technique 4/5 7:15-8:45pm
8:30-9:25 pm		Teen/Sr Contemporary 1	Pre/Beg Pointe (8:45-9:15pm)			Teen/Sr Contemporary 4 BM 8:45-9:30pm
THURSDAY						
4:30-5:25 pm			Jr Jazz Technique 2		Mini/Jr Acro 1	^Jr Ballet 4 (4:15-5:25pm)
5:30-6:25 pm	Intro Ballet/Jazz 5-6yrs	Mini/Jr Acro 2/3	^Jr ballet 2- NEW		Jr/Teen Choreo 3/4 AO (A)- Teen/Sr Choreo 4/5 HS (B)	Jr/Teen Choreo 3/4 HS (B)- Teen/Sr Choreo 4 AO (A)
6:30-7:25 pm	Jr Jazz Technique 1	Mini Jazz Technique 1	^Teen/Sr Ballet 2		Jr Hip Hop 4	Teen/Sr Ballet 4/5 6:30-8:00pm
7:30-8:25 pm	Teen/Sr Jazz Technique 1	Jr/Sr Acro II	Jr Ballet I- NEW		Teen/Sr Hip Hop 2	(Pointe 8:00-8:30p)
8:30-9:25 pm					Teen/Sr Jazz Technique 2	Teen/Sr Hip Hop 4/5
FRIDAY						
4:30-5:25 pm	Intro Lyrical/Jazz 5-6yrs	Mini Jazz Technique 1			Jr/Sr Acro 3/4	
5:30-6:25 pm	Ballet/Lyrical/Creative 3-4yrs	Mini Hip Hop 1	Mini Ballet 1		Fall Dance Corps Group A- (Sep/Oct Start)	Teen/Sr Hip Hop 3/4
6:30-7:25 pm	Jr Hip Hop I- NEW (8/1 start)	Mini/Jr Acro 1/2			Fall Dance Corps Group B (Sep/Oct Start)	Jade, Graphite, Obsidian Team Reh. TBA
7:30-8:25pm						
8:30-9:30pm						
SATURDAY						
9:00-10:00am						
10:00-11:00am					Ink, Pitch, Slate, Storm, Raven, Midnight	Mini Foundational Co Technique- (8/1 Start)
11:00-12:00pm					Team Rehearsal TBA	Jr Foundational Co Tech (8/1 Start)
12:00-1:00pm						Teen/Sr Foundational Co Tech (8/1 Start)
1:00-2:00pm						
SUNDAY						

